



CHONG HYO CENTURY TAE KWON DO & SWORD ART

790 SARATOGA ROAD BURNT HILLS N.Y 12027 ☎ 859-0085

TEST # 000 FEE: \$ 40 PROMOTIONAL EXAMINATION

CHILDREN > MON, 5:30PM (WHITE, YELLOW, ORANGE)

CHILDREN > TUE, 5:30PM (GREEN & BLUE)

CHILDREN > WED, 5:30PM (PURPLE & RED)

CHILDREN > SAT, 9AM (BROWN & UP)

You have been pre-qualified for advancement to your next rank.

Now we are inviting you to attend your final exam. Please register by FRI,

* Students are required to wear a full uniform at any test* * Green belt and up bring your sparring gear *

"PLEASE CUT AND KEEP FOR YOUR RECORDS"



Tester's Name _____ Date of Birth _____ Belt size _____
Current rank _____ Belt _____ Requested rank _____ Belt _____ Make up test _____

PARENTS SECTION * Please circle one (E – Excellent, G – Good, NI – Need Improvement) * Over 3 NI Can't TEST

Picks Up After Themselves	E	G	NI	Obeys Home Rules	E	G	NI
Keeps Themselves Neat & Clean	E	G	NI	Listens To Parents	E	G	NI
Completes All Chores	E	G	NI	Cooperates w/ Bro & Sis	E	G	NI
Completes Homework	E	G	NI	Keeps Room Clean	E	G	NI

JUDGES SECTION

Physical & Personal Development	Excellent	Good	Need Improvement	Score
Stationary Hand				
Stationary Kick				
Form Basic				
(Green & up) Sparring (W,Y,O) Power & Speed				
Poomse (Form)				
Confidence				
Board Breaking				
Concentration				
Effort				
Ki Hap				

Comments _____

10 20 30 40 50	60 70 80	90 100	Total scores _____
Need more work	Very Good	Excellent	Judged by _____

PASS _____ FAIL _____



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