



# CHONG HYO CENTURY TAE KWON DO & SWORD ART

790 SARATOGA ROAD BURNT HILLS, N.Y 12027 ☎ 859-0085  
PROMOTIONAL EXAMINATION

## ADULT

TEST #000  
DATE FRI, / /  
TIME 6PM  
FEE \$45

You have been pre qualified for advancement to your next rank.  
Now we are inviting you to attend your final exam.  
Please register by FRI,  
\* Students are required to wear a full uniform at any test\*  
\*Green belt and up bring your sparring gear \*

**"PLEASE CUT AND KEEP FOR YOUR RECORDS"**



Tester's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Belt size : \_\_\_\_\_  
Current rank \_\_\_\_\_ Belt Requested rank \_\_\_\_\_ Belt

## JUDGES SECTION

Physical & Personal Development	Excellent	Good	Need Improvement	Score
Stationary Hand and Stationary Kick				
From Basic				
(Green & up) Sparring (W,Y,O) Power & Speed				
Self - Defense				
Poomse (Form)				
Confidence				
Board Breaking				
Concentration				
Balance				
Ki Hap				

Comments \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

10 20 30 40 50      60 70 80      90 100      Total scores \_\_\_\_\_  
Need more work      Very Good      Excellent      Judged by \_\_\_\_\_

PASS \_\_\_\_\_ FAIL \_\_\_\_\_



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